

# Citrus Heights Little League

Established in 1958



## Little League Pledge

I trust in God, I love my country  
And will respect its laws.  
I will play fair and strive to win,  
But win or lose  
I will always do my best.



## Welcome to the 2018 Season!!!

It is our pleasure to welcome all players and their families to Citrus Heights Little League (CHLL). We encourage the players to play hard and have fun. We are a completely volunteer organization and we need the help of every parent to make CHLL a successful league.

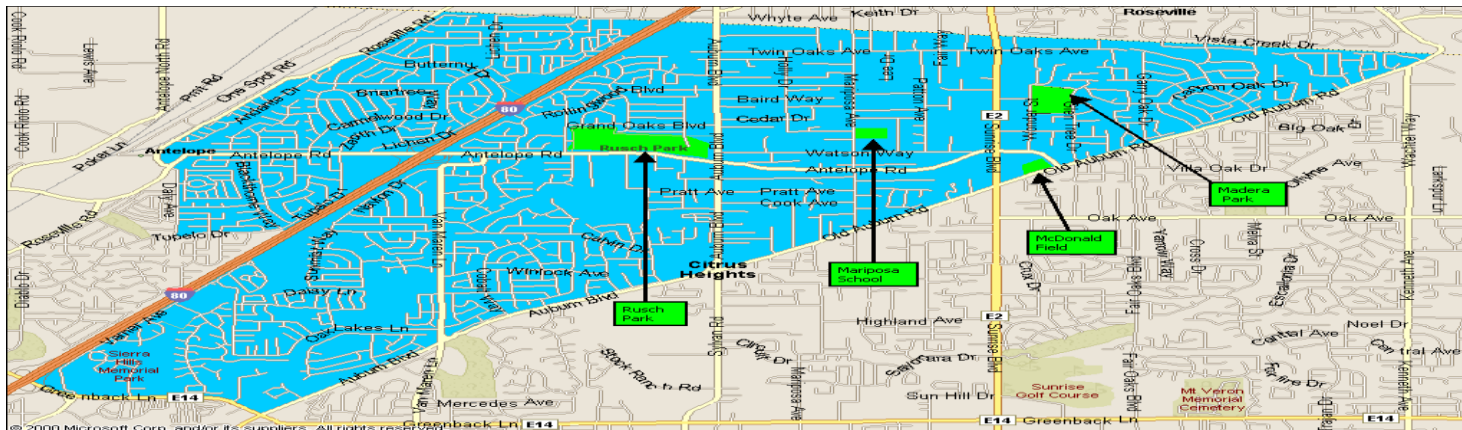
## Purpose of Little League Baseball

Little League is a program of service to youth. It is geared to provide an outlet of healthful activity and training under good leadership in the atmosphere of wholesome community participation. Little League is dedicated to helping children become good and decent citizens. It inspires them with a goal and enriches their lives toward the day when they must take their place in the world. It establishes the values of teamwork, sportsmanship and fair play. (*Official Regulations of Playing Rules 2017*)

## Player Eligibility

Citrus Heights Little League is open to all children, ages 4 to 16 that live or go to school within the established Citrus Heights League Boundaries.

## League Boundaries



## Divisions

Playing age is determined by the age of the player on August 31.

### 2018 Little League Age Chart FOR BASEBALL DIVISION ONLY

Match month (top line) and box with year of birth. League age indicated at right.

JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	AGE
2014	2014	2014	2014	2014	2014	2014	2014	2013	2013	2013	2013	4
2013	2013	2013	2013	2013	2013	2013	2013	2012	2012	2012	2012	5
2012	2012	2012	2012	2012	2012	2012	2012	2011	2011	2011	2011	6
2011	2011	2011	2011	2011	2011	2011	2011	2010	2010	2010	2010	7
2010	2010	2010	2010	2010	2010	2010	2010	2009	2009	2009	2009	8
2009	2009	2009	2009	2009	2009	2009	2009	2008	2008	2008	2008	9
2008	2008	2008	2008	2008	2008	2008	2008	2007	2007	2007	2007	10
2007	2007	2007	2007	2007	2007	2007	2007	2006	2006	2006	2006	11
2006	2006	2006	2006	2006	2006	2006	2006	2005	2005	2005	2005	12
				2005	2005	2005	2005					12
2005	2005	2005	2005					2004	2004	2004	2004	13
2004	2004	2004	2004	2004	2004	2004	2004	2003	2003	2003	2003	14
2003	2003	2003	2003	2003	2003	2003	2003	2002	2002	2002	2002	15
2002	2002	2002	2002	2002	2002	2002	2002	2001	2001	2001	2001	16

Note: This age chart is for **BASEBALL DIVISIONS ONLY**, and only for 2018.

### **Tee Ball** - playing age 4-5 (Madera Park)

The focus at this level is teamwork, sportsmanship and learning the basic fundamentals of baseball such as catching, throwing, hitting off a tee, player positions and where the bases are located on the field. Supplemental Rules Apply. A committee of BOD members makes the teams. Team Standings and score and not to be kept.

**Coach Pitch** - playing age 5-6 (Madera Park)

The fundamentals of catching, throwing, hitting and positions are emphasized. For players age 6-7 who have played in Tee Ball or 8 year olds who have not previously played baseball. Supplemental rules apply such as batting through the order. A team scorebook must be kept to insure minimum play rules. Divisional standings are not kept.

**Farm** - playing age 7-8 (Madera Park)

All players age 7 and up are required to attend at least half of the available tryouts. All players will be placed on teams according to the draft. A team scorebook/pitch count sheet must be kept to ensure minimum play rules and pitching counts are tracked.

**Minors** - playing age 9-10 (Madera Park/McDonald Field)

All players age 7 and up are required to attend at least half of the available tryouts. All players will be placed on teams according to the draft. A tournament may be held at the end of regular season play. No team may have more than three (3) players of age 8. Division standings and score book/pitch count sheets are kept. Little League rules apply. Division champion goes on to represent CHLL in District 5 Minor Tournament of Champions play. Players age 12 are not allowed to pitch. Little League rules apply.

**Majors** - playing age 11-12 (McDonald Field)

All 12-year-olds must play in Majors unless determined by the Board of Director that it is in the best interest of the player to be placed in the Minor Division. Players are drafted by a manager based upon performance in tryouts and playing ability. Team standings and scorebook/pitch counts are kept. Little League book rules apply.

**Juniors** - playing age 12-14 (Rusch Park)

All players should attend tryouts to be placed on a Junior team. Players are drafted by a manager or coach based upon performance in tryouts and playing ability. Games are played against teams throughout District 5, which will require travel for away games. Little League rules apply.

***For Tee Ball, Coach Pitch, Farm, Minor, Majors and Juniors, regular season will start in early March and play until end of May. (see Post-Season Play)***

**Seniors** - playing age 13-16 (Subject to BOD approval each season)

All players should attend tryouts to be placed on a Senior team. Players are drafted by a manager or coach based upon performance in tryouts and playing ability. Games are played against teams throughout District 5, which will require travel for away games. Many games played at American River College. Little League rules apply.

**Registration**

A certified birth certificate and three proofs of residency are required when registering. Acceptable proofs of

residency include one Utility Bill, Insurance Bill (Health or Vehicle), and Vehicle Registration, Driver's License, Mortgage or Rental agreement. Regular registration is conducted in December & January for the Spring Season and on Closing Day for the Fall Season. Properly registered and eligible players will be placed on a team. Registration fees are reviewed and are set annually by the Citrus Heights Little League Board of Directors. The Annual Budget located on our website ([www.citrusheightslittleleague.com](http://www.citrusheightslittleleague.com)) explains where registration monies are distributed.

### **Refund Policy**

Should a player decide that they do not want to play for the season AND they have already paid the registration fees; prorated refunds will be returned as stated below:

- Full refund if cancellation is requested **BEFORE** uniforms have been ordered and/or the upper division draft has been commenced.
- 50% refund AFTER team uniforms have been ordered and/or season begins.
- Zero refund AFTER April 1 of the current season.

### **Expectations of a Little League Player**

Every player should arrive on time for practices and games, including time for a proper warm up period to prevent injuries. All players are expected to play by the rules, never complain about the umpire's calls (this is part of the game), control your temper, be a good sport, play fair, treat everyone as you would like to be treated and most importantly, have **fun**.

### **Uniform Requirements**

CHLL provides uniform shirts, hats, and socks. Pants must be purchased separately. Team Managers will choose which color for each team. **Shirts must be tucked into pants.** Undershirts may be worn but should be matching in color. White undershirts are not allowed for pitchers. Rubber or plastic cleats are not mandatory but are recommended. Metal cleats **are not** allowed for players in Major or below. Junior and Senior players may wear metal cleats. Players are required to furnish their own glove. CHLL provides all other equipment. Players may provide their own bats as long as they meet Little League specifications for the current season. Players may provide their own helmets, but helmets must remain free of all stickers and have a matte (dull) finish. See Little League rules for clarification on any of these topics.

### **Tryouts**

Tryouts are conducted for all player candidates from playing ages 8-16. All registered players are required to participate in tryouts to be eligible for the draft. Pitching tryouts are optional. Players who do not participate in tryouts cannot be guaranteed placement on a desired team. In case of rainouts, please check the league website or social media page find out alternative tryout dates. Tryouts dates are listed on the league website calendar.

Players should arrive at least 20 minutes prior and check-in with the Players Agent(s) to receive an identification number. Only players that have completed registration paperwork will receive a number. Players

will be evaluated on their baseball skills including catching, throwing, fielding, hitting and running. Tryouts are conducted under the supervision of the board with potential managers from the Farm Division and above ranking players based off their perceived skill level.

### **Draft**

The objective for this process is to ensure equity and parity amongst teams within a division. The draft is held after the final tryout date and is run by the President and Player Agent(s). At draft, team managers select players based off of the playing ability demonstrated at tryouts that are age eligible for each specific division.

### **Managers and Coaches**

The selection process for team managers and coaches begins with the candidate completing an application prior to the upcoming season. All applicants (and all other volunteers) are screened through the Department of Justice Sex Offender Tracking Program, Lexis Nexis and other various record tracking websites. A committee of Board Members then interview potential manager candidates and recommends to the league President for approval. Coaches may be selected by team managers but must be vetted out by the CHLL Board and approved by the President. The President must, ultimately, appoint all managers and coaches.

There is no seniority or tenure for managers and coaches. All appointments expire at the end of the season. As leaders of children and representatives of CHLL, managers and coaches should hold themselves as role models and exemplify respect for umpires, players, parents as well as other managers and coaches. Additionally, managers and coaches are expected to know the Little League Rule Book and all must sign a Coaches Code of Conduct Form.

### **Umpires**

One of the most important aspects of Little League is the volunteer umpire. The umpire represents authority on the field and makes decisions regarding the game and has the final word. The umpire has a difficult but essential role in the game. Our area is suffering from lack of trained umpires and future tournament play is in jeopardy. If you are interested in volunteering as an umpire, please email the league at [citrusheightsll@gmail.com](mailto:citrusheightsll@gmail.com) Training is provided for those who wish to participate as an umpire.

### **Team Representatives**

The Team Representative has a very important role in our league. Each team is required to have a Team Representative who attends 3-4 meetings per during the season. These meetings are designed to help the Team Rep keep the manager, coaches, players and parents informed of activities in the League. The Team Rep should also help work with the parents on scheduling activities (Opening and Closing Day, Snack Bar, etc.) that need to be done throughout the season. Guidelines and folders for Team Reps will be handed out at the first meeting. Some of their duties include: hand out and collect the candy and money. The Rep is also in charge of collecting money for the team banner, trophies and end of season party.

### **Role of Parents**

Citrus Heights Little League is run solely on volunteers. Many responsibilities exist beyond the normal team level commitments that make the league function smoothly and make our program a positive experience for

you and your player. **Each family should be prepared to donate, at minimum, 10 hours per season and one Field Work Day each season. Besides managers and coaches, there are many activities that need to be done by parents or other volunteers.** Every team needs a Team Rep and ALL teams above the Coach Pitch Division also need a Scorekeeper. All parents are required to help in the snack bar during their assigned time frames. Volunteers are also needed on special days such as Opening and Closing Day. Please contact your Team Rep, the manager of your team, or your Auxiliary Representative to volunteer. This league cannot run efficiently by only 20-30 adult volunteers. The participation of every parent is needed. If you know of a teenager in search of community services hours for school, this would be a great opportunity for them to earn those hours.

### **The Little League Parent/Volunteer Pledge**

I will teach all children to play fair and do their best  
I will positively support all managers, coaches and players  
I will respect the decisions of the umpires  
I will praise good effort despite the outcome of the game

### **Scorekeeper**

Every team from Coach Pitch up must have at least one scorekeeper. While score is not important in the Coach Pitch Division, playing time must be tracked to determine the Minimum Play rule is strictly adhered to. From Farm up, Pitch Count Sheets (available in the snack bars) must be used to insure pitch totals are kept. The Player Agent is responsible for checking to ensure that the league Minimum Play Rule is followed.

### **Candy Fundraiser**

CHLL's main fundraiser is the selling of candy bars. Every player is required to sell a minimum of one box of candy. A buyout option is available during registration to families who choose not to sell candy. Little League International allows players to participate in only one fundraiser per season however; parents may be asked to participate in additional fundraising activities.

### **Sponsorship**

We encourage you to sponsor your child's Little League team for the upcoming season. Citrus Heights Little League depends on community business to help support our baseball program. Many parents and players are proud to have their businesses listed as the sponsor for their child's team. Donations of items or services are also accepted for use as a raffle prize for either our Opening Day or Closing Day ceremonies. All donations are made directly to CHLL and are for the benefit of the entire league.

### **Opening Day**

Opening Day is scheduled for March 3rd at Madera Park. Many Fun activities are planned for the whole family. The Parade of Teams starts the ceremony and a carnival and lunch are also planned. The snack bar will be open for refreshments as well as lunch for sale. Parent participation is required for some of the carnival events.

## **Closing Day**

Closing Day is scheduled for Saturday June 2nd, at Madera. Commemorative League Pins will be given to team managers at this time for disbursement to each team player. Voting for new CHLL Board Members occurs on this day. We will also announce our 2018 All Star Teams. Many other activities are still in the planning stages for this event. Begin sign-ups for Fall Ball.

## **Post -Season**

### ***All Star Tournaments***

**9 & 10-year olds** - The team roster is selected by the manager and coaches of the 9 and 10-year-old All Star team in conjunction with the Player Agent, Division VP, League President and/or League VP. Each manager with eligible candidates shall nominate players from their team for consideration by this committee. The manager is selected after all candidates have been vetted by the Board of Directors.

**11-year olds, Little League (Majors), Juniors and Seniors** - The Player Agent conducts the selection process with the assistance of the Vice-President. Ballots are distributed to all players eligible for the 11-year-old and Little League teams (ten through twelve playing age). Each player may vote for opposing team rosters only. The top 3 vote recipients are placed on the All-Star team representing CHLL. The managers, in their respective divisions, vote the remaining players onto the team. The All-Star teams must consist of at least 12 players and no more than 14 players per team.

## **Board of Directors**

The Board of Directors is established by an election held on Closing Day of each year. To run for a Board position, submit your request in writing to the current President to have your name placed on the ballot by May 11th, 2018. Write-in candidates are also accepted. All Board Members must complete a volunteer application and be screened through a background check. The new Board takes office September 1st. Board meetings are typically held on the second Tuesday of each month. The League Officers meet to run the affairs of the league. All CHLL members are invited to attend.

## **Current Board of Directors**

President	Mara Crist
Vice President	Brett Nicodemus
Secretary	Audrey Conely
Treasurer	Amy Bous
VP Of Divisions	Mike Corral
Coaching Coordinator	Duncan Berseth
Umpire in Chief	Brian Nye
Upper Div Player Agent	Greg Werner

Lower Div Player Agent	Kristina McKee
Equipment	Garsh
Buildings & Grounds	Eric Dexter
Safety Officer	Faine Oneill
Buildings & Grounds	Anthony Defilippo
Community Service	Kim Prior
Auxiliary	Angela Pierce
Auxiliary	Charon Garing
Sponsorship	Brittney Abbott
Uniforms	Amanda McGuire

## **Officers and Duties**

**President:** Conducts the affairs of the local league and executes the policies. Is responsible for the conduct of the league and investigates complaints, irregularities and conditions detrimental to the league. Prepares annual budget and is responsible for its execution. Maintains all documents for Little League Baseball, Incorporated, and works in conjunction with the Players Agent to maintain player lists and approves all managers and coaches. Represents CHLL at District 5 meetings and All Star meetings.

**Vice-President:** Shall perform duties of President in their absence of with authorization by the Board of Directors or the President. May represent CHLL in other District meetings.

**Division Vice-Presidents:** Assists the Player Agents in the player draft and all other player transactions. Develops game/practice schedules and is responsible for the respective division program. Assists the Umpire-in-Chief in scheduling of umpires. Represents managers/coaches in the league.

**Secretary:** Records activities and maintains files, mailing lists and records. Keeps the minutes of the meetings, conducts correspondence as assigned. Posts notices of the annual election for Board of Directors, preparing the ballot, manning the election table, and certifying voters as members of the league.

**Player Agents:** Monitors team records to assure minimum play rules are followed. Acts as an advocate in the interest of all players in the league. Records player transactions. Receives and reviews player applications and assists the President in verifying residence and age eligibility. Works in conjunction with the President to help facilitate player drafts, prepares team rosters for President Approval and forwards eligibility affidavit for submission to Little League Headquarters.

**Treasurer:** Receives all monies and securities and deposits funds. Keeps records of receipt and disbursement of all monies. Approves payments from allotted funds, prepares annual financial report and prepares annual budget.

**Safety Officer:** Is responsible for the implementation of the ASAP (A Safety Awareness Program) endorsed by Little League, Incorporated. Ensures members awareness of safety procedures. Inspects playing areas for safe conditions. Arranges first aid and CPR training for managers and coaches. Handles all accident claims and



maintains First Aid kits for all fields.

**Sponsorships:** Solicits business sponsors for each team and obtains additional advertising for the league directory. Publishes the league directory and distributes to all members of the local league.

**Buildings and Grounds:** Knowledgeable of the condition of all playing fields. Prepares estimates for repairs or improvements. Coordinates Field Work Days.

**Auxiliary:** Oversees all concession stands. Solicits volunteer help from the community in operating concession stands and fundraising projects such as candy sales. Organizes, informs and instructs the Team Reps. Oversees Opening and Closing Day committees.

**Coaching Coordinator:** The coaching coordinator shall serve as the contact for Little League and its manager/coach education programs for the league. Represents managers/coaches concerns for the league. Conducts mini clinics if necessary.

**Umpire-in-Chief:** Obtains from the community a staff of properly trained and equipped umpires. Responsible for scheduling umpires for the Minor, Major, Junior and Senior Divisions. Insures that Coach Pitch and Tee-Ball Divisions are properly officiated by coaches.

**Equipment:** Oversees the purchasing and distribution of equipment to team managers. Collects equipment at the end of the season. Insures that equipment is properly maintained.

**Uniforms:** Assists the equipment manager as necessary. Oversees the purchasing and distribution of uniforms to the team. Assists in purchasing of Fanfare items as needed.

**Public Relations:** Handle all publicity and announcements to the parents and news media of all events (sign-ups, tryouts, Opening/Closing Day, fundraisers, etc.) Oversees all League fundraising events. Manages League website and social media.